

## Vegetarian Main Courses

<b>Garlic Vegetables</b> 8.50	<b>Vegetable Chilli Masala</b> 8.95
<i>Fresh vegetables in highly flavoured garlic sauce.</i>	<i>Prepared in fresh hot chillies and coriander sauce.</i>
<b>Vegetable Dhansak</b> 8.50	<b>Vegetable Balti</b> 9.95
<i>Slightly hot, sweet &amp; sour sauce with lentils.</i>	<i>A variety of fresh vegetables in special balti sauce.</i>
<b>Vegetable Kurma</b> 8.50	<b>Spicy &amp; Hot Vegetables</b> 9.95
<i>Fresh vegetables in mild and creamy sauce.</i>	<i>Selection of stir fried vegetables with fresh hot chillies.</i>
<b>Vegetable Jalfrezi</b> 8.50	<b>Chilli Paneer</b> 10.95
<i>Fairly hot, with onions, capsicum and fresh chillies.</i>	<i>Homemade cheese in a tangy tamarind &amp; sweet chilli sauce.</i>
<b>Vegetable Masala</b> 8.95	
<i>Fresh vegetables in special yoghurt sauce.</i>	

## Vegetarian Side Dishes

<b>Vegetable Curry</b> 4.95	<b>Saag Bhaji</b> 4.95
<i>Variety of vegetables in medium sauce.</i>	<i>Lightly spiced fresh spinach with a hint of butter.</i>
<b>Mixed Dry Vegetables</b> 4.95	<b>Chana Masala</b> 4.95
<i>Variety of stir fried vegetables.</i>	<i>Spicy chick peas with herbs &amp; spices.</i>
<b>Bombay Aloo</b> 4.95	<b>Saag Paneer</b> 4.95
<i>Spicy potatoes.</i>	<i>Fresh spinach with home made cheese.</i>
<b>Aloo Gobi</b> 4.95	<b>Mattar Paneer</b> 4.95
<i>Potato &amp; cauliflower.</i>	<i>Spicy chick peas with home made cheese.</i>
<b>Saag Aloo</b> 4.95	<b>Tarka Dall</b> 4.95
<i>Spinach &amp; potato.</i>	<i>Lentils with fried garlic &amp; coriander.</i>
<b>Cauliflower Bhaji</b> 4.95	<b>Masala Dall</b> 4.95
<i>Spiced cauliflower.</i>	<i>Lentils with herbs &amp; spices.</i>
<b>Mushroom Bhaji</b> 4.95	<b>Raitha</b> 3.95
<i>Spiced mushrooms.</i>	<i>Cucumber or onion in yoghurt.</i>
<b>Brinjal Bhaji</b> 4.95	
<i>Spiced aubergine.</i>	

## Sundries

<b>Pilau Rice</b> 3.50	<b>Garlic &amp; Cheese Naan</b> 4.50
<i>Basmati rice with light spices &amp; butter.</i>	<i>Topped with garlic &amp; cheese.</i>
<b>Plain Rice</b> 3.25	<b>Special Naan</b> 4.95
<i>Boiled rice.</i>	<i>Stuffed with keema, chicken, chilli &amp; garlic</i>
<b>Special Fried Rice</b> 4.50	<b>Paratha</b> 3.95
<i>Flavoured rice with egg &amp; peas.</i>	<i>Fresh Indian bread fried in butter.</i>
<b>Mushroom Rice</b> 4.50	<b>Stuffed Paratha</b> 4.50
<i>Flavoured rice with mushrooms.</i>	<i>Stuffed with vegetables fried in butter.</i>
<b>Vegetable Rice</b> 4.50	<b>Chapati</b> 2.50
<i>Flavoured rice with mixed vegetables.</i>	<i>Soft, thin dry bread.</i>
<b>Bengali Rice</b> 4.95	<b>Chips</b> 3.50
<i>Bangladeshi style fried rice</i>	<i>per portion.</i>
<b>Keema Rice</b> 4.95	<b>Papadom</b> 0.95
<i>Flavoured rice with minced lamb.</i>	<i>Plain or spicy, wafer thin fried crisp.</i>
<b>Plain Naan</b> 3.25	<b>Chutney Tray</b> 3.95
<i>Indian bread baked in a clay oven.</i>	<i>Per tray</i>
<b>Peshwari Naan</b> 3.95	<i>Selection of Mint Sauce, Mango Chutney, Chilli Sauce &amp; Onion Salad.</i>
<i>Sweet, stuffed with nuts and cream.</i>	
<b>Chilli Naan</b> 3.95	
<i>Hot, stuffed with chillies.</i>	
<b>Keema Naan</b> 3.95	
<i>Stuffed with spicy minced lamb.</i>	
<b>Garlic Naan</b> 3.95	
<i>Topped with garlic butter &amp; coriander.</i>	

## Desi Khana

Homestyle Bangladeshi Authentic dishes, highly flavoured in a fairly hot sauce.

<b>Khala Bhuna</b> 14.95	<b>Murgi Mossalla</b> 14.95
<i>Diced mutton exquisitely flavoured with black pepper, fenugreek and dried chillies.</i>	<i>Off the bone Tandoori Chicken in Balti sauce topped with minced meat &amp; garnished with a boiled egg.</i>
<b>Shatkora Gust</b> 14.95	<b>Sobji Eesa Shootki</b> 12.95
<i>Diced mutton highly flavoured with Bangladeshi citrus fruit.</i>	<i>Traditional sylheti scorching hot dish with prawns &amp; vegetables flavoured with fish sauce.</i>
<b>Naga Chicken</b> 12.95	<b>Desi Meat Biriany</b> 15.95
<i>Scorching hot dish flavoured with Bangladeshi hot naga chillies.</i>	<i>Authentic classic tenderised mutton biriany fit for a King accompanied by Tarka Dall.</i>
<b>Lamb Chops Bhuna</b> 14.95	<b>Mix Grill Sizzle Bhuna</b> 15.95
<i>Grilled succulent &amp; tender lamb chops in exquisitely flavoured sauce.</i>	<i>Succulent selection of Tandoori grill in an exquisitely flavoured sizzling sauce.</i>

### Roast Kurzi Lamb (Meal for 4)

Roast leg of lamb with trimmings  
**£139.95**

### Roast Kurzi Chicken (Meal for 2)

Whole Chicken with trimmings  
**£59.95**

(Please order 24 hours in advance)  
(DINE IN ONLY)

### We cater for parties or any special occasions on request

24 hours notice must be given.

#### Food Allergies

If you suffer from any food allergies, ie, nuts or dairy products etc, please let us know before placing your order.

*Alternative dishes can be prepared on request.  
All dishes can be altered to suit your preferences.  
The management reserves the right to refuse service, without giving any reasons.  
We would welcome any suggestions you may have on improving our service.  
Prices are subject to change without prior notice.*

Printed by Bartham Group. Tel: 01582 573471

Welcome To

# SPICE

Authentic Indian Cuisine  
Air-Conditioned Restaurant



We can cater for large private functions

### Free Home Delivery Service

Minimum order £15.00 within 4 mile radius  
Flitwick, Toddington, Harlington, Westoning,  
Ampthill, Greenfield, Pulloxhill, Flitton & Silsoe

### 10% Discount

On Takeaway orders over £15.00  
(Collection only)

**We do not sell alcohol in the restaurant.  
However please feel free to bring your own alcoholic drinks. (No corkage applies).**

### Gourmet Set Meals

From Tuesday - Thursday: Dining in only  
Choose from our extensive A La Carte Menu:

1 Starter, 1 Main Dish,  
1 Side Dish, 1 Rice or Naan

Only **£17.50** per person

Specialities , lamb chops & mixed grill dishes £2.50 extra  
Dishes £10.95 or over £2.50 extra  
King Prawn & Fish dishes £3.50 extra.

1a Vicarage Hill, Flitwick, Bedfordshire MK45 1HZ

Telephone: (01525)

# 721705 ~ 721706

www.flitwickspice.co.uk

## Appetisers

<b>Onion Bhaji</b>	<b>4.50</b>	<b>Spice Fish Cakes</b>	<b>6.25</b>
<i>Fried onion balls.</i>		<i>Lightly spiced minced fish with spring onions, coriander &amp; hint of chillies.</i>	
<b>Samosa</b>	<b>4.95</b>	<b>King Prawn Suka</b>	<b>7.95</b>
<i>Pastry filled with minced lamb or vegetables.</i>		<i>Cooked in delicious honey &amp; tangy tamarind sauce.</i>	
<b>Prawn Puri</b>	<b>5.95</b>	<b>Garlic &amp; Red Onion King Prawns</b>	<b>7.95</b>
<i>Lightly spiced bhuna prawns on fried bread.</i>		<i>King prawns lightly spiced &amp; stir-fried with garlic, red onions &amp; red pepper.</i>	
<b>King Prawn Puri</b>	<b>7.95</b>	<b>Garlic Mushrooms</b>	<b>4.95</b>
<i>Lightly spiced bhuna king prawns on fried bread.</i>		<i>Lightly spiced mushrooms highly flavoured with garlic.</i>	
<b>Chicken Tikka</b>	<b>4.95</b>	<b>King Prawn Butterfly</b>	<b>6.75</b>
<i>Marinated chicken pieces barbecued in the tandoori oven.</i>		<i>Prepared with spicy batter fried with breadcrumbs.</i>	
<b>Lamb Tikka</b>	<b>4.95</b>	<b>Chicken Chaat</b>	<b>4.95</b>
<i>Marinated lamb pieces barbecued in the tandoori oven.</i>		<i>Highly flavoured sliced chicken.</i>	
<b>Tandoori Chicken</b>	<b>4.95</b>	<b>Prawn Cocktail</b>	<b>4.95</b>
<i>Spring chicken pieces marinated and barbecued in clay oven.</i>		<i>Fresh prawns topped with seafood dressings.</i>	
<b>Sheek Kebab</b>	<b>4.95</b>	<b>Chilli Paneer</b>	<b>6.50</b>
<i>Spicy minced lamb barbecued.</i>		<i>Homemade cheese in a tangy tamarind &amp; sweet chilli sauce.</i>	
<b>Mixed Kebab</b>	<b>5.95</b>	<b>Sweet Chilli Wings</b>	<b>6.95</b>
<i>Selection of barbecued chicken, lamb &amp; sheek kebab.</i>		<i>Chicken wings in sticky sweet chilli sauce.</i>	
<b>Tandoori King Prawn</b>	<b>7.50</b>	<b>Spicy Wings</b>	<b>5.95</b>
<i>Marinated &amp; barbecued king prawns in clay oven.</i>		<i>Hot &amp; Spicy chicken wings.</i>	
<b>Tandoori Lamb Chops</b>	<b>7.50</b>	<b>Chicken Tikka Special</b>	<b>6.50</b>
<i>Tender &amp; succulent grilled lamb chops.</i>		<i>In tangy tamarind &amp; honey sauce.</i>	
<b>Grilled Salmon</b>	<b>8.50</b>	<b>Green Chicken Tikka</b>	<b>5.95</b>
<i>Delicately spiced with onion &amp; peppers.</i>		<i>Marinated in a fragrant coriander &amp; green chilli pepper sauce.</i>	

## Tandoori Dishes

*Prepared in a clay oven. Delicately spiced and marinated overnight. Served in a hot sizzler with side salad and a delicious yoghurt sauce.*

<b>Chicken or Lamb Tikka</b>	<b>9.95</b>	<b>Machli &amp; Sabji Kebabs</b>	<b>12.95</b>
<b>Tandoori Chicken</b>	<b>9.95</b>	<i>Marinated fish cubes grilled in tandoori oven with red onion &amp; fresh vegetables.</i>	
<b>Tandoori Shaslick</b>	<b>10.95</b>	<b>Garlic Chicken Tikka or Garlic Lamb Tikka</b>	<b>10.95</b>
<i>Chicken or lamb grilled with onions, tomatoes &amp; capsicums.</i>		<i>Stir fried with garlic, onions &amp; coriander, sizzling in butter.</i>	
<b>Tandoori Mixed Grill</b>	<b>14.95</b>	<b>Cheesy Grilled Paneer</b>	<b>10.95</b>
<i>Selection of chicken tikka, lamb tikka, spring chicken &amp; sheek kebab.</i>		<i>Sizzling paneer topped with melted cheese.</i>	
<b>Tandoori King Prawn</b>	<b>14.95</b>	<b>Green Tikka Shaslick</b>	<b>11.95</b>
<i>King prawns marinated &amp; barbecued in the tandoori oven.</i>		<i>Green Chicken Tikka sizzling with onion &amp; green peppers.</i>	
<b>Tandoori Lamb Chops</b>	<b>14.95</b>	<b>Tandoori Grill Platter</b>	<b>19.95</b>
<i>Tender &amp; succulent grilled lamb chops in tandoori.</i>		<i>Succulent pieces of chicken tikka, lamb tikka, sheek kebab, lamb chops &amp; tandoori wings.</i>	
<b>King Prawn Shashlick</b>	<b>15.95</b>	<b>Paneer Tikka Shaslick</b>	<b>11.95</b>
<i>Marinated king prawns grilled with onions, tomatoes and capsicum.</i>		<i>Grilled ponir with cubed onions and peppers &amp; tomatoes.</i>	
<b>Tandoori Spicy Wings</b>	<b>11.95</b>		
<i>Hot &amp; Spicy</i>			

## Spice Specialities

<b>Tikka Massala</b>	<b>10.95</b>	<b>Chicken or Lamb Korai</b>	<b>10.95</b>
<i>Pieces of barbecued chicken or lamb in a specially flavoured yoghurt sauce.</i>		<i>Highly flavoured, cooked with tomatoes &amp; capsicum.</i>	
<b>Butter Chicken</b>	<b>10.95</b>	<b>Chicken or Lamb Hasina</b>	<b>10.95</b>
<i>Barbecued chicken in a creamy sauce with ground nuts and Indian butter.</i>		<i>Tikka pieces cooked in special sauce with onion, capsicum &amp; chillies.</i>	
<b>Chicken or Lamb Achar</b>	<b>10.95</b>	<b>Tandoori King-Prawn Korai</b>	<b>16.50</b>
<i>Spicy bhuna curry with a pickled flavoured sauce.</i>		<i>Highly flavoured with fresh herbs cooked with tomatoes and capsicum.</i>	
<b>Chicken or Lamb Jeera</b>	<b>10.95</b>	<b>King Prawn Delight</b>	<b>16.50</b>
<i>Lightly spiced mushrooms highly flavoured with dry roasted cumins.</i>		<i>Cooked in a sweet &amp; creamy sauce flavoured with fresh coriander &amp; garlic.</i>	
<b>Keema Bhuna</b>	<b>10.95</b>	<b>Special Garlic King Prawns</b>	<b>16.50</b>
<i>Spicy mince in bhuna sauce with pepper.</i>		<i>Lightly spiced king prawns in highly flavoured garlic &amp; coriander sauce.</i>	
<b>Chicken Delight</b>	<b>10.95</b>	<b>Spice Lamb Chops Zafrani</b>	<b>14.95</b>
<i>Breast fillets in a sweet &amp; creamy sauce flavoured with fresh coriander &amp; garlic.</i>		<i>Tender lamb chops in spicy sauce with red onions, red peppers &amp; chillies.</i>	
<b>Mango Delight</b>	<b>10.95</b>	<b>Spice Lamb Shanks</b>	<b>14.95</b>
<i>Breast fillets in a sweet &amp; creamy mango flavoured sauce.</i>		<i>Melt in your mouth lamb. (When available).</i>	
<b>King Prawn Masala</b>	<b>16.50</b>	<b>Green Chilli Chicken Tikka Massala</b>	<b>11.95</b>
<i>Barbecued king prawns prepared in specially flavoured yoghurt sauce.</i>		<i>Green chicken in a hot chilli &amp; coriander sauce.</i>	
<b>King Prawn Chilli Masala</b>	<b>16.50</b>	<b>Sweet Chilli Wings</b>	<b>11.95</b>
<i>King prawns prepared in fresh hot chilli and coriander sauce.</i>		<i>Chicken wings in a sticky sweet chilli sauce.</i>	
<b>Spice Chicken Zafrani</b>	<b>11.95</b>	<b>Shaslick Sizzle Bhuna</b>	<b>12.95</b>
<i>Tender chicken in spicy sauce with red onions, red peppers &amp; chillies.</i>		<i>Chicken shaslick in a sizzling bhuna sauce.</i>	
<b>Chicken or Lamb Passanda</b>	<b>10.95</b>		
<i>Marinated in a creamy yoghurt sauce with ground nuts.</i>			
<b>Muglai Chicken</b>	<b>10.95</b>		
<i>Spring chicken in a specially flavoured yoghurt sauce with fruits and cream.</i>			

## Spice Fish Specialities

*Dishes created using the best of Bangladeshi fresh water fish.*

<b>Machli Delight</b>	<b>12.95</b>
<i>Delicately spiced fillet of fish in a sweet &amp; creamy sauce with a hint of butter.</i>	
<b>Garlic Fish Tikka Masala</b>	<b>12.95</b>
<i>Classic masala dish with garlic flavoured fillet of fish.</i>	
<b>Machli Hot Masala</b>	<b>12.95</b>
<i>Exquisitely spiced fillet of fish in a spicy hot sauce.</i>	
<b>Machli Biran</b>	<b>12.95</b>
<i>Fillet of fish pan fried, served on bed of stir-fried red onions &amp; fresh vegetables</i>	
<b>Grilled Salmon</b>	<b>16.95</b>
<i>Delicately spiced with onions &amp; peppers</i>	

## Spice Balti Specialities

*"Balti" describes dishes which are unique & exquisitely flavoured with exotic ingredients achieving a sweet and tangy taste as well as being fairly spicy.*

<b>Spice Balti Special</b>	<b>12.95</b>	<b>Garlic Balti Tikka Masala</b>	<b>11.50</b>
<i>Barbecued chicken in special sauce with a spicy minced lamb topping.</i>		<i>Classic masala dish, flavoured with garlic and coriander in balti sauce.</i>	
<b>Chicken or Lamb Balti</b>	<b>10.95</b>	<b>King Prawn Balti</b>	<b>15.95</b>
<i>Chicken or Lamb in special balti sauce.</i>		<i>Spicy king prawns in balti sauce.</i>	
<b>Vegetable Balti</b>	<b>9.95</b>	<b>Spice Meatballs Balti</b>	<b>12.95</b>
<i>A variety of fresh vegetables in special balti sauce.</i>		<i>Lamb kebabs in special balti sauce</i>	
<b>Balti Royal Bangalore</b>	<b>11.95</b>		
<i>Chicken or lamb pieces in balti sauce, fairly hot, sweet &amp; sour with lentils.</i>			
<b>Balti Royal Delight</b>	<b>11.95</b>		
<i>Breast fillets in special balti sauce blended with rich textured sweet &amp; creamy sauce.</i>			
<b>Balti Royal King Prawn Delight</b>	<b>16.50</b>		
<i>King prawns in special balti sauce with a rich textured sweet &amp; creamy sauce.</i>			

## Biriany Dishes

*Prepared with flavoured basmati rice, accompanied by a vegetable curry sauce.*

<b>Chicken / Lamb Biriany</b>	<b>10.95</b>	<b>King Prawn Biriany</b>	<b>15.95</b>
<b>Vegetable Biriany</b>	<b>9.95</b>	<b>Chicken Tikka Biriany</b>	<b>11.95</b>
<b>Prawn Biriany</b>	<b>11.25</b>	<b>Special Mixed Biriany</b>	<b>12.95</b>

## Classic Dishes

<b>Korma</b>	<i>A mild dish served in a sweet and creamy sauce.</i>	<b>Dansak</b>	<i>Hot, sweet and sour in a thick sauce with lentils.</i>
<b>Madras</b>	<i>A fairly hot dish cooked in a spicy sauce.</i>	<b>Saag</b>	<i>Prepared with fresh spinach and medium spices.</i>
<b>Vindaloo</b>	<i>Cooked with pieces of potatoes in a very hot sauce.</i>	<b>Methi</b>	<i>Highly flavoured with fenugreek, herbs &amp; spices.</i>
<b>Bhuna</b>	<i>Served in a spicy medium thick sauce.</i>	<b>Lemon</b>	<i>Medium spiced with fresh lemon and ginger.</i>
<b>Rogan</b>	<i>Cooked with lashings of tomatoes and capsicum, herbs and spices.</i>	<b>Kashmir</b>	<i>Mild and creamy sauce with pineapple and lychees.</i>
<b>Dupiaza</b>	<i>Medium spiced with fried onions topping.</i>	<b>Garlic</b>	<i>Special thick sauce, highly flavoured with garlic.</i>
<b>Pathia</b>	<i>Hot, sweet and sour dish cooked in a thick sauce.</i>	<b>Jalfrezi</b>	<i>Fairly hot cooked with onions, capsicum and green chillies.</i>
<b>Chicken</b>	<b>8.95</b>	<b>Prawn</b>	<b>9.95</b>
<b>Lamb</b>	<b>9.50</b>	<b>King Prawn</b>	<b>13.95</b>
<b>Chicken or Lamb Tikka</b>	<b>10.95</b>	<b>Vegetable</b>	<b>8.50</b>